

How Scientific and Folk medicines treat Asthma

By Julliana Abeja

What is Asthma?

Airways narrow and swell



Asthma Symptoms

- Produce extra mucus
- Breathing becomes difficult
- Wheeze and make strange sounds
- Chest feels tight and uncomfortable



Thesis Statement

- Would you like to know how asthma and its symptoms can be treated with scientific and folk medicine?

How do you Treat asthma?

The background of the slide features a soft, abstract design with wavy, layered bands of light blue, teal, and pale green, creating a sense of depth and movement.

Scientific and Folk medicines to the Rescue!

- Scientific medicines
 - Over the counter
 - Prescribed medicines
- Folk medicines
 - Herbal medicines
 - Home remedies

Scientific medicines

- Albuterol
- Inhaled Corticosteroids
- Leukotrien Modifiers
- Long-Acting Beta
Combination Inhalers



Folk Medicines

- Herbal Medicines
- Home Remedies

Herbal Medicines

- Red clover
- Feverfew
- Ephdra
- Aloe Vera
- Butterbur
- Katuka
- Grapeseed
- Boswellia
- Dried ivy



Home Remedies

- Air conditioning
- Dehumidier
- Wear a mask to clean dust
- Eat fruits or vegetables
- Yoga or yoga breathing



Summary

- Scientific Medicines-Over the Counter and Prescribed Medicines
- Folk Medicines-Herbal Medicines and Home Remedies

Works Cited

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