

Help Me! The Cold is going to Get Me

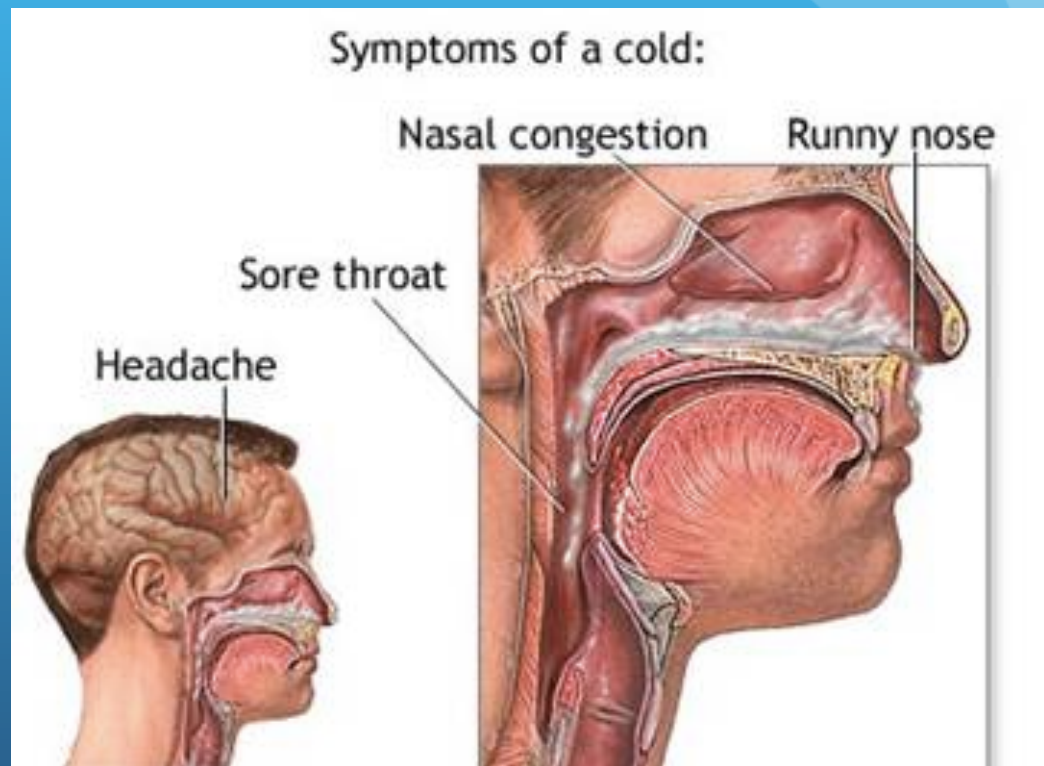
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What is Cold?

- Infection caused by a microorganism that gets inside the body

Think You Have a Cold?

- Mucus
- Fever
- Headache
- Sore Throat



How Can You Treat a Cold?

Which is Better, Scientific or Folk Medicine

Scientific Medicine

- Pharmaceuticals
- Prescribed Medicines
- Over the Counter

Folk Medicine

- Herbal Medicines
- Home Remedies

Scientific Medicines

- Tylenol
- Antibiotics
- Sore Throat Spray



Over the Counter

- Nyquil
- Dayquil
- Contac Plus
- Cold Capsules
- Tylenol
- Theraflu



The Folk Medicines Have Gone to Help You

- Herbal Medicines
- Home Remedies

Herbal Medicines, Please Help Me!

- Osha
- Echinacea-in capsules or liquid
- Ephedra
- Golden Seal-capsules, liquid, or mixed with Echinacea



Home Remedies Can Also Cure a Cold

- Chicken Soup
- Body Relaxation
- Hydration



In Summary

- Scientific Medicines- Over the Counter and Prescribed Medicines
- Folk Medicines- Herbal Medicines and Home Remedies

Questions

Works Cited

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