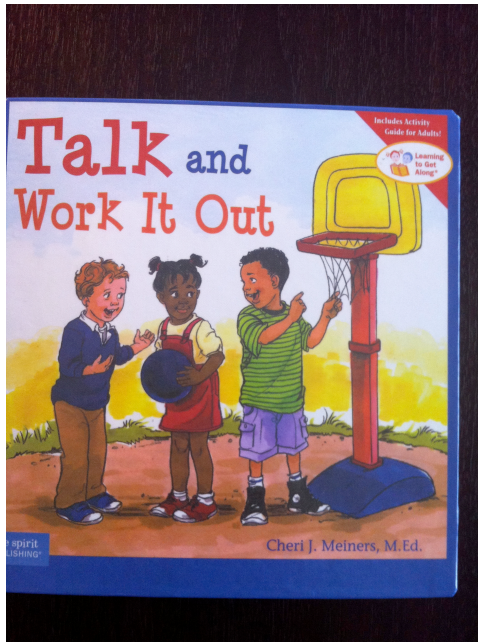


# Problem Solving Lesson for The Talk Spot

**Goal:** Introduce a structured format for problem solving skills to young children.

**Materials:** The book Talk And Work It Out by Cheri J. Meiners  
Talk Spot posters



**Modeling:** Read Talk And Work It Out by Cheri J. Meiners to the class. Discuss the book using the questions at the end of the book.

Example questions:

- \* How do you feel when someone really bothers you?
- \* Take a deep breath. How does that make you feel?
- \* What are other ways to calm down when you are angry or upset?
- \* When is it hard to find an answer everyone likes?

**Guided Practice:** All activities are found in the back of Talk And Work It Out by Cheri J. Meiners

Problem Solving Finger Play pg. 33

Say It Back Circle Game pg. 34

Listening With An Open Mind pg. 34

Brainstorming pg. 35

Choose Best Plan pg. 35

**Independent Practice:** Kids use Talk Spot when real life problems arise.